



# Temple Beth Torah

Melville NY

## For Immediate Release

Contact: Rabbi Susie Heneson Moskowitz  
Temple Beth Torah Melville  
631-643-1200  
ravsusie@gmail.com

David Pinkowitz  
DCP Marketing Services LLC  
631-491-5343  
dpinkowitz@dcpmarketing.com

## **Alan Morinis, Founder of The Mussar Institute, to Present “What is Life For?: Teachings on the Soul”**

*Temple Beth Torah Melville to Deliver Adult Education  
Program on Mar 29, 2015*

**Melville, NY** – Temple Beth Torah, an innovative Reform Temple in Melville, has announced that Alan Morinis, Founder of The Mussar Institute, will present "What is Life For?: Teachings on the Soul" at 7:00 PM Sun Mar 29, 2015 at the temple facility at 35 Bagatelle Rd in Melville.

“We are very pleased that Alan Morinis -- who has brought the practice of Mussar to the liberal Jewish world through his accessible writing style -- will be our teacher,” said Susie Moskowitz, Senior Rabbi at Temple Beth Torah. "I am sure that everyone who attends will be touched spiritually and grow through the experience."

Mussar might best be described as helping “the heart feel what the intellect understands.” Mussar means “instruction.” It is a treasury of Jewish teachings and practices that have evolved over the past thousand years -- a spiritual practice aimed at elevating one’s character and providing guidance for our life journey, offering a Jewish pathway into leading a more meaningful, spiritually fulfilled life. This lecture at Temple Beth Torah is free for TBT members and \$18 for non-members. Morinis will be teaching an additional class on Monday, March 30th at 10:00 AM.

### *About Alan Morinis*

Alan Morinis is the Founder of The Mussar Institute. Mussar is an illuminating, practical set of teachings for cultivating personal growth and spiritual realization in day-to-day life. The teaching of Mussar is that our deepest essence is inherently pure and holy, but this inner radiance is obscured by extremes of emotion, desire, and bad habits. Our work in life is to uncover the brilliant light of the soul.

### *About Temple Beth Torah Melville*

Founded in 1969, Temple Beth Torah Melville is an active Reform Jewish Congregation of over 600 families serving the Western Suffolk and Eastern Nassau County areas of Long Island. Its extended temple family shares rich educational, spiritual and social experiences through a full spectrum of programming -- including religious and nursery school, religious services, and teen and adult activities. Members come to Temple Beth Torah to pray, to learn and to celebrate. Its culture is inclusive and encourages participation by all age groups. For more information, visit <http://www.tbtny.org>.

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